

September 2025

Lutheran Manor
of the Lehigh Valley

2085 Westgate Drive, Bethlehem, PA 18017

Office Hours

Monday – Thursday

8:30a – 4:30p

Friday

8:30a – 1:00p

Fitness Center

Every Day

5:30a – 9:00p

Staff Birthdays

Lori H. – 9/11

Ken L. – 9/27

WELCOME New Residents

Betty G. – Floor 2

Ron G. – Floor 2

Maria L. – Floor 4

General Meeting

**Tuesday, 9/9
@ 2:00p**

~Lounge

Office Notes

In observance of **LABOR DAY**

Offices will be CLOSED!

Monday, Sept 1st

Please take note of channel changes:



Ch 99- Live Stream

Ch 100- Message Board

Housekeeper Appreciation Day

Chentelle, Yesenia,
Jessica, & Alexa,

A huge thank you for keeping our building immaculate & pristine and resident homes so clean and polished. We recognize & appreciate your hard work..

~September 14th~

Lutheran Manor's 1st Annual Clam Bake

Staff Parking Lot
(Weather Permitting)

Doors Open 12:00p

Food Served 12:30p

Entertainment 12:30p-3p



Friday, Sept 5th

~Clams with Brown Butter

~Beef Brisket ~BBQ Chicken

Medallions ~Mac & Cheese

~Pasta Salad ~Pineapple Slaw

~Potato Salad ~Deviled Eggs

**If you signed up and cannot attend, please
remember to cancel with the Main Office.**

National Service Coordinator Day

Brenda,
Your endless hard
work, dedication, and
heart you put into
taking care of and
entertaining our
residents is greatly
appreciated.

~September 19th~

Movie Days

IN-PERSON MOVIE

~With Spanish Subtitles

A distraught, single mother navigates a series of sad, unfortunate events, where she's in denial & trauma mode, leading her to hallucinate leading her down an unforeseen path where she becomes embroiled in a situation she never envisioned, finding herself at the center of suspicion in an indifferent world.

STRAW



SEPT 8 | R | COMMUNITY ROOM

KODACHROME



Matt's father, is facing terminal cancer & his dying wish is for Matt to join him on a road trip from NY to KS to process his last rolls of Kodachrome film before the sole lab left closes & those captured moments are gone forever.

SEPT 22 | NOT RATED

PELÍCULA ESPAÑOLA EN PERSONA

~Con Subtítulos en Inglés

BIUTIFUL



Uxbal, un delincuente profesional, ejerce su oficio en los talleres clandestinos y callejones de Barcelona. A punto de morir, con pocos meses de vida, intenta poner sus asuntos en orden antes de que los espíritus, con quienes comulga, vengán a reclamarlo, come to claim him.

19 DE SEPT | R | SALA COMUNITARIA



When Frank Goode's children cancel a family reunion, the widower sets off on a cross country journey to reconnect with them. Expecting to share in the joys of their happy lives, his visits reveal a picture that's far from perfect.

SEPT 29TH | PG-13

~All LM movies live-streamed on Channel 99 at 1:00p~

Celebrate Healthy Aging Month with
LUTHERAN MANOR
September 2025

- Bring one friend or family member to fitness class the week of Sept 15th *Waivers required for all participants*
- Early Bird Fitness classes have been added to our schedules starting Sept 3rd @ 7:30am
- Refreshments served for Early Bird classes the week of Sept 8th
- Walkers Club Excursion at St. Luke's Enchanted Forest on Sept 12th

SPEAKER: Bayada

Neuropathy

Join us for a Wellness discussion about defining the condition, causes, symptoms, and treatments.

**September 8th
@ 3:00pm**

Sign-up REQUIRED | Community Room

**JEOPARDY
IS BACK!**

**Join Katie for
Healthy Aging
themed Jeopardy**

**September 19th
@ 12:00pm**

Sign-up REQUIRED | Community Room

Five Tips for Healthy Aging



1. Don't miss check-ups!
2. Get 30 minutes of cardio 5 times per week.
3. Strength train 2-3 times per week.
4. Balance work 2-3 times per week.
5. Listen to your body and rest when needed!



Ready to get fitness checked off your list, first thing in the morning?

Try Early Bird Fitness with Katie @ 7:30am

Monday - Balance, Strength, and Stability

Wednesday - Drum Fitness

Friday - Balance, Strength, and Stability



WOW!

*LM Offers classes to meet All fitness categories needed for Healthy Aging!
The best part - all courtesy of LM!!*

Cardio Classes- Walkers Club, Drum Fitness, Zumba, Chair Zumba, and Personal Training

Strength Classes- Zumba tone, Drum Fitness, Early Bird Balance, and Personal Training

Balance Classes- Tai Chi, Yoga, Early Bird Balance, and Personal Training

From the Chaplain



*"Give thanks to the Lord for
He is good." Psalm 107:1*

One evening last month on vacation with the family, a tough question came up in a game we were playing. "If you had to do without one of your five senses which one, would you pick?" They all laughed when I jokingly said "hearing" because they are very aware of my hearing deficit. But later, I got to thinking about our five senses and how important they are spiritually.

***God speaks to us in what we hear, see, smell, touch, and taste.
We know this, but to think about it intentionally is a form of prayer.***

When inspired by a song, see a newborn or a sunrise, are renewed by a cool glass of water, invigorated by a refreshing dip in the pool, tantalized by the smell & taste of freshly baked bread, we're experiencing the created goodness of God. We can and should find God in all things. He meets us where we are. Our five senses are entry points for God's love to become known to us.

Thanks be to God for His many gifts! - Pastor Clark

Worship in the Community Room

Worship Services at 2:00pm - Live-Streamed on Ch99

Thurs, 9/4	Pastors Luis & Betty Ortiz, Iglesia Casa de Dios, Allentown (Spanish)
Thurs, 9/11	*Pastor Lisa Borrell, Frieden's Lutheran, Center Valley
Thurs, 9/18	Pastor Beth Goudy, Metropolitan Community Church, Bethlehem
Tues, 9/23	Father Venatius Korobo - Notre Dame RC Church, Bethlehem
Thurs, 9/25	*Pastor Jenny Heavner, Star of Bethlehem Lutheran, Bethlehem

*HOLY COMMUNION WORSHIP

~If you are unable to attend worship in person and wish to receive a sealed communion cup, please contact Pastor Clark

Pastor's Movies

THE MOST RELUCTANT CONVERT



An elder C.S. Lewis looks back on his remarkable journey from hard-boiled atheist to the most renowned Christian of the past century.

SEPTEMBER 3

THE PINK PANTHER



Meet Inspector Jacques Clouseau – the bumbling French detective whose career is one gigantic banana peel. This delightful caper & clever slapstick launched one of the greatest comedy series of all time!

SEPTEMBER 17

All Pastor Movies are live-streamed on Wednesdays at 2:00p on Channel 99

THE CHOSEN: S5:E2 "HOUSE OF CARDS"



The Chosen is an American Christian drama about the life of Jesus of Nazareth. In this episode, the High Priests scheme to bring Jesus down.

SEPTEMBER 10

FLASH OF GENIUS



Based on the true story of a college professor who develops an intermittent windshield wiper (a big hit with the auto industry in the 1960's). He ends up waging a difficult legal battle with the auto industry for the financial reward and the recognition due him.

SEPTEMBER 24

Bellezza Salon

Saying Goodbye is hard to do...

We are so sorry to say goodbye to Tracy. She has been with Bellezza for many years and we will miss her. God Speed.

We are happy to welcome Theresa Manning to our talented team. She will be working as Tracy did (every other Tuesday from 8:30am - 1:30pm), unless otherwise noted. Please call Theresa directly at 610-504-7401 to make changes or cancel any appointments.

~Diane, Lorri, & Theresa

September Tidbits

Flowers - Aster & Morning Glory.
Symbolic for love, faith, courage, patience, undivided love and affection.

Birthstone: Sapphire

9/1- Labor Day

9/10- Suicide Awareness & Prevention Day

9/11- It's been 25yrs since the terrorist attacks against the US. It is a sad day to remember, even more if you lost a family member or friend. Please say a prayer for those who lost love ones.

9/14- Grandparents Day

9/21- International Day of Peace

Lorri:

- Works on Mondays and Wednesdays ONLY
- Specializes in Hair, Waxing, Pedicures, and Facials
- To make, change, or cancel an appointment with Lorri, call her directly at 610-751-4458

Theresa:

- Works every OTHER Tuesday ONLY
- Specializes in Hair, Ear Candling, Paraffin Dips, and Waxing
- To make, change, or cancel an appointment with Theresa, call her directly at 610-504-7401

Massage Therapy

Contact Karen directly to book an appointment 610-360-2427.

Bellezza Salon and Spa

GIFT BOX DRAWING:

Always remember to enter the drawing each month! You may just be our August Lucky Winner!!

GIFT CERTIFICATES:

Always available for purchase!

NAILS:

We are interviewing a Licensed Nail Tech. We will let you know the outcome. We appreciate your help!

PARAFFIN DIP:

Great for arthritis, carpal tunnel, stiffness, and dry skin. Dip appointments have to be scheduled a week in advance due to preparation requirements. Try it, Feel it, Love it!

PUNCH CARDS:

Remember to have your card stamped after each visit. After each service, you will receive a sticker on your punch card. Once you fill up your card, you will receive \$25.00 towards your next salon service *Compliments of Lutheran Manor*

REFERRALS:

Refer a friend, neighbor, or family member for any service and YOU will receive a FREE retail item right off the shelf.

RETAIL ITEMS:

Buy 1, Get 1 at 50% off

NO SHOW APPOINTMENTS:

\$10 fee

SUGGESTIONS, QUESTIONS, OR CONCERNS:

Do not hesitate to call Diane Rizzetto at 610-390-9676 or email her at diane@bellezzasalon.org

Life is too short, make every hair flip count!

SEPTEMBER 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 LABOR DAY OFFICES CLOSED	2 10:00a Chair ZUMBA 1:00p Drum Fitness 12:00p Grove St 1:15p CLINIC: BP/Glucose	3 7:30a Drum Fitness 9:30a Walker's Club 10:00a Banks/Pharm 11:30a ZUMBA 12:30p Bible Study 2:00p Pastor's Movie	4 10:00a Chat Room 11:00a Tai Chi 12:30p Second Harvest 1:00p Drum Fitness 2:00p Church (Spanish)	5 CLAM BAKE	6 9:15a RA Donuts/Coffee
7 1:00p Sunday Believer's	8 7:30a Early Bird Fitness 9:30a Walker's Club 10a / 2p Dollar Tree 11:00a Cooking w/ Lyndi 11:00a Zumba 1:00p In-Person Movie 2:30p Tai Chi 3:00p Speaker: 'Neuropathy' 6:00p RA BINGO	9 10:00a Chair ZUMBA 11:00a Speaker: 'Trauma' 11:00a Bach @ Noon 1:00p Drum Fitness 2:00p General Meeting	10 7:30a Drum Fitness 8:30a Silver Birches 9:30a Walker's Club 11:30a ZUMBA 12:30p Bible Study 2:00p Pastor's Movie	11 10:00a Chat Room 11:00a Tai Chi 12:30p Second Harvest 1:00p Drum Fitness 2:00p Church	12 7:30a Early Bird Fitness 9:30a WC Excursion~ Enchanted Forest 12:00p Entertainment: Chris Lotenzetti, Violinist 11:45a CLINIC: OAA 2:00p Snacks/IceCream 2:00p Dominó Español	13 9:30a RA Breakfast
14 1:00p Sunday Believer's	15 7:30a Early Bird Fitness 9:30a Walker's Club 10:00a Bank/Target 11:00a ZUMBA 1:00p SPEAKER: 'Vet Assist Partner' 2:30p Tai Chi 6:00p RA BINGO	16 10:00a Chair ZUMBA 12:00p Entertainment: Ellie Weltin, Pianist 1:00p Drum Fitness 3:00p Doughboys	17 7:30a Drum Fitness 9:30a Walker's Club 11:30a ZUMBA 12:00p Weis 12:30p Bible Study 1:45p LM BINGO 2:00p Pastor's Movie	18 9:00a CLINIC: Eye 10:00a Chat Room 11:00a Tai Chi 11:00a Blue Mt Ski Lift & Slopeside Grille 1:00p Drum Fitness 2:00p Church	19 7:30a Early Bird Fitness 9:30a Walker's Club 11:00a Chair Yoga 12:00p Jeopardy 1:00p Pelicula en Persona 2:00p Snacks/IceCream	20 4p RA Soup/Hotdogs

SEPTEMBER 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 1:00p Sunday Believer's	7:30a Early Bird Fitness 9:30a Walker's Club 10a / 2p Walmart 11:00a ZUMBA 12:00p Vocero: "Trauma" 1:00p LM Movie 2:30p Tai Chi 6:00p RA BINGO	23 10:00a Chair Zumba 11:00a Williams Restaurant 2:00p Church 1:00p Drum Fitness	24 7:30a Drum Fitness 9:30a Walker's Club 11:30a ZUMBA 12:30p Bible Study 2:00p Pastor's Movie	25 10:00a Chat Room 11:00a Tai Chi 11:00a Pines Theatre: "Lucky Stiff" 1:00p Drum Fitness 2:00p Church	7:30a Early Bird Fitness 8:30a Hershey / Funck's 9:30a Walker's Club 11a Hispanic Heritage 11a / 1p Chair Yoga 1:00p Pelicula en Persona 1:30p Mobile Market 200p Clothing Drive/ Shred	27
28 1:00p Sunday Believer's 4:00p RA Social	7:30a Early Bird Fitness 9:30a Walker's Club 10:00a Mitzi's Table 11:00a ZUMBA 1:00p LM Movie 2:30p Tai Chi 6:00p RA BINGO	30 10:00a Chair ZUMBA 10:00a Silver Birches 12:00p Entertainment: Ellie Weitin, Pianist 1:00p Drum Fitness 2:00p Flower Arrangements		Appreciation Days Housekeeping - 9/14 Service Coord - 9/19	Staff Birthdays Lori H. - 9/11 Ken L. - 9/27	

Religious Activities

ACTIVITY	DAY(s)	TIME	PLACE
Bible Study	Every Wednesday	12:30p	Community Room
Chat Room	Every Thursday	10:00a	Community Room
Church	4th Tues & Every Thurs (1st Thurs - Spanish)	2:00p	Community Room Channel 99
Sunday Believers' with Paul Belfort	Every Sunday	1:00p	Community Room

Exercise Activities

ACTIVITY	DAY(s)	TIME	PLACE
WALKER'S CLUB with Katie	Monday Wednesday Friday	9:30a	Front of the Gym
ZUMBA with Anna	Monday Wednesday	11:00a 11:30a	Fitness Room
CHAIR ZUMBA with Katie	Tuesday	10:00a	Fitness Room
DRUM FITNESS	Anna -Tuesday Katie-Thursday	1:00p	Fitness Room
TAI CHI with Rob	Monday Thursday	2:30p 11:00a	Fitness Room
EARLY BIRD FITNESS with Katie	Monday Wednesday (Drums) Friday	7:30a	Fitness Room
CHAIR YOGA with Katie	Friday	11:00a 1:00p	Fitness Room

September Activities

RA BINGO	Every Monday	6:00p	Community Room
RA Snacks & Ice Cream	Every Friday	2p - 3p	Lounge
RA Shredding & Clothing Drive	Last Friday	2p - 3p	Lounge
RA Coffee & Donuts	1 st Saturday	9:15a	Lounge
RA Breakfast	2nd Saturday	9:30a	Lounge
RA Soup & Hotdogs	3rd Saturday	4:00p	Lounge
CLINIC: BP / Glucose Checks	Tuesday, Sept 2	1:15p	Lounge
Second Harvest Food Bank	Thursday, Sept 4	12:30p	Resident Apts.
Cooking with Lyndi	Monday, Sept 8	11:00a	Lounge
LM IN-PERSON MOVIE: 'Straw'	Monday, Sept 8	1:00p	Community Room
SPEAKER: Bayada 'Neuropathy'	Monday, Sept 8	3:00p	Community Room
SPEAKER: Turning Point of LV 'Trauma in Later Years'	Tuesday, Sept 9	11:00a	Community Room
GENERAL MEETING	Tuesday, Sept 9	2:00p	Community Room
LM BINGO	Wednesday, Sept 17	1:45p	Lounge
CLINIC: OAA Podiatry	Friday, Sept 12	11:45p	Resident Apts.
ENTERTAINMENT: Violinist	Friday, Sept 12	12:00p	Lounge
DOMINÓ ESPAÑOL	viernes, 12 de sept	2:00p	Sala Comunitaria
SPEAKER: Joyfull Care Homecare 'Vet Assist Partners'	Monday, Sept 15	1:00p	Community Room
ENTERTAINMENT: Pianist	Tues, Sept 16 & 30	12:00p	Community Room
CLINIC: HealthDrive EYE	Thursday, Sept 18	9:00a	Game Room
JEOPARDY with Katie	Friday, Sept 19	12:00p	Community Room
PELÍCULA EN ESPAÑOL: 'Biutiful'	viernes, 19 de sept	1:00p	Sala Comunitaria
VOCERO: Turning Point de LV 'Trauma en la Vejez'	lunes, 22 de sept	12:00p	Sala Comunitaria
Hispanic Heritage Celebration Celebración de la Herencia Hispana	Friday, Sept 26 viernes, 26 de sept	11:00a	Community Room Sala Comunitaria
Mobile Market	Friday, Sept 26	1:30p	Lounge
RA Social	Sunday, Sept 28	4:00p	Lounge
ACTIVITY: Flower Arrangements	Tuesday, Sept 30	2:00p	Lounge

Brenda's Bulletin

SECOND HARVEST FOOD BANK

Boxes are delivered directly to your apartment. Please plan accordingly to be home at this time. Contact Brenda to sign up.

Thursday, 9/4 @ 12:30p

DOMINÓ Español

Únase a nosotros para disfrutar de algunos juegos, excelente comida española y una compañía increíble.

**viernes, 12 de
septiembre @ 2:00p**

~Sala Comunitaria
Regístrate en el Formulario de Eventos

CLINICS



BP & GLUCOSE

Tuesday, 9/2 @ 1:15p
~Lounge

OAA PODIATRY

Friday, 9/12 @ 11:45a
~Resident Apartment

HEALTHDRIVE EYE

Thursday, 9/18 @ 9a
~Game Room

*Sign-up with Brenda directly

ENTERTAINMENT

Chris Lotenzetti, Violin
Friday, 9/12 @ 12p

LOUNGE | SIGN-UP ON THE EVENTS FORM

Ellie Welton, Piano
Tuesday, 9/16 @ 12p
Tuesday, 9/30 @ 12p

COMMUNITY ROOM | SIGN-UP THE EVENTS FORM

ACTIVITY

Cooking with Lyndi
Monday, 9/8 @ 11a

LOUNGE | SIGN-UP ON THE EVENTS FORM | 16 MAX

Flower Arrangements
Tuesday, 9/30 @ 2p

LOUNGE | SIGN-UP ON THE EVENTS FORM | 10 MAX

SPEAKER: Joyfull Care HomeCare
'Vet Assist Partners'

*Ensuring each Veteran and
surviving spouse receives high
quality home care with NO
out-of-pocket costs.*

Join us to enjoy a PIZZA
lunch! Anyway you slice
it, we are grateful for you.
Thank you for your service.

Monday, 9/15 @ 1:00p

Community Room | Sign-up on the Events Form

Brenda's Bulletin

Únase a nosotros para celebrar la cultura Española con comida deliciosa y música increíble.

HERENCIA HISPANA

viernes, 26 de sept @ 11a

- Lechon Asado
- Pollo al horno
- Arroz con gandules
- Ensalada de papa
- Empanadas
- Postres



Sala Comunitaria | Regístrate en el Formulario de Eventos

Join us as we celebrate Spanish culture with delicious food and incredible music.

HISPANIC HERITAGE

Friday, 9/26 @ 11:00a

- Roasted Pork
- Baked Chicken
- Rice with Pigeon Peas
- Potato Salad
- Empanadas
- Desserts



Community Room | Sign up on the Events Form

EAT.REAL.FOOD MOBILE MARKET

Join us in the Lounge on:

~Fri, 9/26 @ 1:30p-3:00p

Payments Accepted:

Cash, Credit Cards, SNAP/EBT, Vouchers

SPEAKER: Turning Point of LV 'Trauma in Later Years'

Trauma experienced early in life can resurface later, impacting mental health, daily functioning, and relationships. If unresolved, it can contribute to anxiety, depression, PTSD, trust issues, & unhealthy coping mechanisms. Healing is possible at any age! Join us to learn various strategies to cope with and overcome the effects of past trauma.

Tuesday, 9/9 @ 11:00a

Community Room | Sign-up on the Events Form

VOCERO: Turning Point de LV 'Trauma en la Vejez'

Los traumas experimentados en la infancia pueden resurgir más adelante, afectando la salud mental, el funcionamiento diario y las relaciones. Si no se resuelven, pueden contribuir a la ansiedad, la depresión, TEPT, problemas de confianza y mecanismos de afrontamiento poco saludables. ¡Sanar es posible a cualquier edad! Únase a nosotros para aprender diversas estrategias para afrontar y superar los efectos de traumas pasados.

lunes, 22 de sept @ 12p

Sala Comunitaria | Regístrate en el Formulario de Eventos

MISCELLANEOUS

Lutheran Manor

BINGO

**Wednesday, 9/17
@ 1:45pm**

Sign-up REQUIRED
~Lounge

Sunday Believers' Worship
with Paul Belfort

**Sundays
@ 1:00p**



Community Room | Not Live-Streamed

National Suicide Prevention Day

Life's challenges can sometimes be difficult. Whether you're facing mental health struggles, emotional distress, alcohol/drug use concerns, or just need someone to talk to, caring counselors are here for you. If you or someone you know is struggling, it's okay to share your feelings. Contact the Crisis hotline at 988.

You are not alone.

Wed, Sept 10th

To support & raise awareness, light an LED candle and place it in your window at 8:00p.

Walker's Club Excursion to St Lukes Anderson's Enchanted Forest



Join Katie & fellow resident's for a stroll through the scenic park, enjoy healthy snacks, lots of laughter, & tons of fun!

Friday, September 12th @ 9:30a

Name: _____

Phone#: _____ Apt. _____

Sign-Up REQUIRED | Complete this form and return to Katie

Resident's Association

BINGO

Come one, Come all!
Enjoy the Fun!!

→
Mondays at 6:00p

~Community Room

Food Ministry
resumes on
Wed, 9/3

**Pick-up at
11:00a in
the Lounge**

COFFEE & DONUTS

Come mingle with
your fellow neighbors
while enjoying a cup
of joe with some
delicious donuts to
start your day!
\$1.50 each item

Sat, 9/6 @ 9:15a

Lounge | Sign-up on the Events Form

Breakfast

**Start your day off
on the right foot!**

3 Pancakes, 2 sausage
links, coffee, & juice

\$5.00

Sat, 9/13 @ 9:30a

Lounge | Sign-up on the Events Form

Soup & Hot Dogs

Soup \$3.00
Hot Dogs \$2.00



Sat, 9/20 @ 4:00p

Lounge | Sign-up on the Events Form

CLOTHING DRIVE

*Bring your gently
used clothing/shoes
to the Lounge at
2:00p, so they can
be donated to the
Salvation Army.*

Fri, 9/26 @ 2:00p

SHREDDING

*Bring your
documents to the
Lounge to be
shredded securely*

**Candy and
Ice Cream
sales are
CANCELED
Friday, 9/26**

SOCIAL

Come enjoy the
festivities, music,
and great food.

4p Doors Open

5p Food Served

**6p Entertainment:
Bill Reese, Vocals**

*Donations are not required,
but are greatly appreciated!

→
Sun, 9/28 @ 4:00p

Lounge | Sign-up on the Events Form

Event Sign-Up Form

Please **CHECK OFF** which event you would like to attend below



Lutheran Manor Events

9/8	Monday	Cooking with Lyndi	11:00a	☐
9/8	Monday	LM IN-PERSON MOVIE: 'Straw'	1:00p	☐
9/8	Monday	SPEAKER: Bayada 'Neuropathy'	3:00p	☐
9/9	Tuesday	SPEAKER: Turning Point of LV 'Trauma in Later Years'	11:00a	☐
9/17	Wednesday	LM BINGO	1:45p	☐
9/12	Friday	ENTERTAINMENT: Violinist	12:00p	☐
12/9	viernes	DOMINÓ Español	2:00p	☐
9/15	Monday	SPEAKER: Joyfull Care Homecare 'Vet Assist Partners'	1:00p	☐
9/16 & 9/30	Tuesday	ENTERTAINMENT: Pianist	12:00p	☐
9/19	Friday	Jeopardy with Katie	12:00p	☐
19/9	viernes	PELÍCULA EN PERSONA: 'Biutiful'	1:00p	☐
22/9	lunes	VOCERO: Turning Point de LV 'Trauma en la Vejez'	12:00p	☐
9/26	Friday	Hispanic Heritage Celebration	11:00a	☐
9/30	Tuesday	Flower Arrangements	2:00p	☐

Resident's Association Events

9/6	Saturday	RA Coffee & Donuts	9:15a	☐
9/13	Saturday	RA Breakfast	9:30a	☐
9/20	Saturday	RA Soup & Hotdogs	4:00p	☐
9/28	Sunday	RA Social	4:00p	☐

Name(s): _____

Phone#: _____ Apt. #: _____

***Please return this form to Katie or Brenda starting Tuesday 9/2**

**RETURN THIS
FORM TO BRENDA**

October Van Trips



10/2	Thursday	Shopping at GIANT	12:00p____
10/3	Friday	BANKS _____ & Shopping at CVS / WALGREENS	10:00a____
10/7	Tuesday	Shopping at WEIS	10:00a____ 2:00p____
10/8	Wednesday	Brunch at BETHLEHEM DINER	10:00a____
10/9	Thursday	SILVER BIRCHES: 'Fall Foliage Train Ride' (\$50.00 includes ticket, lunch, bar, fun, & tip)	8:00a____
10/10	Friday	WC Excursion to the ENCHANTED FOREST	10:00a____
10/14	Tuesday	BACH @ NOON at Central Moravian Church	11:00a____
10/15	Wednesday	SILVER BIRCHES: 'Germanfest' (\$47.00 includes ticket, lunch, bar, fun, & tip)	8:00a____
10/16	Thursday	Shopping at WEGMANS	12:00p____
10/17	Friday	Lunch at NAZARETH BREW CO.	10:30a____
10/21	Tuesday	Shopping at WALMART	10:00a____ 2:00p____
10/22	Wednesday	Lunch at McCOOLE'S @ RED LION INN	12:00p____
10/23	Thursday	Shopping at ALDI	10:00a____
10/28	Tuesday	Dinner at RED LOBSTER	3:30p____
10/29	Wednesday	Shopping at GERRITTY'S FARM MARKET	11:00a____
10/30	Thursday	Shopping at DOLLAR TREE	10:00a____ 2:00p____
10/31	Friday	Shopping at WINDCREEK OUTLETS & Lunch	11:00a____

Name: _____**Phone#:** _____ **Apt#:** _____

*A \$5.00 cancelation fee will be charged for any trips not canceled with 24hr notice

Below are descriptions of the unique trips scheduled & what you should expect if you attend:

ENCHANTED FOREST:

Join Katie and the Walker's Clube at this magical place where you can explore, play, and connect with nature in a safe and imaginative environment.

SILVER BIRCHES-'GERMANFEST':

\$\$

10a ARRIVAL to coffee & apple streusel cake, shop Artisan jewelry, gifts, & local food specialties

11:15a ENJOY a strudel making demonstration followed by music and dancing.

12:00p DIVE into the open bar with drafts on tap, wine & soda

12:30p RELISH in creamy mushroom soup with toasted rye croutons, roasted beet salad with red wine vinaigrette, chicken schnitzel cutlet with gravy and warm potato salad, beer braised bratwurst with German red cabbage, roasted apples and mustard, assorted breads, and top it off with German chocolate cupcakes.

2:00p ENGAGE in more music and dancing.

2:30p TAP YOUR TOES with The George Stalter Band listening to a spirited mix of German tunes, old favorites, and contemporary classics. Interact with characters wearing traditional German costumes including Heidi the Bavarian Beer Garden Girl all while competing in Germanfest Olympic Games.

3:30p SNACK before departure

NAZARETH BREW CO:

\$

Let's indulge in mouthwatering salads, sizzling steaks and seafood, delicious burgers, sultry wings and wash it all down with specialty beer made right on sight.

MCCOOLE'S:

\$\$

Welcome to the Historic Red Lion Inn to enjoy locally sourced fresh ingredients. Relish in delicious foods such as burgers, steaks, clams, crab dip, crab cakes, fish & chips, and their famous crab & shrimp melt. Wash it all down with any of their custom draft selections that change with the seasons.

RED LOBSTER:

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Join us in the NEW, REVAMPED world of seafood! Indulge in Crabfest, seafood boils, signature feasts, all new wild caught selections, & bigger and better shrimp options. You don't want to miss this new sea adventure.

